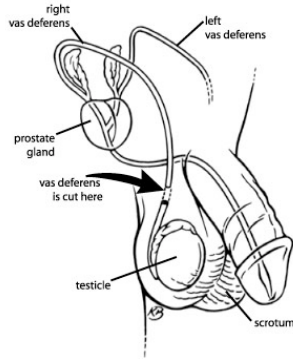


All About Vasectomy

- Vasectomy is permanent birth control for men.
- It is chosen by men who have completed their families or by men who do not want children.
- Most reversible methods are less reliable, sometimes inconvenient, and may have unpleasant side effects for women.
- Vasectomy can be done quickly (20 minutes), and conveniently outside of the hospital, whereas sterilization in women requires anesthesia in an operating room.
- Vasectomy is nearly 100 percent effective.
- It is safe.
- It doesn't limit sexual pleasure.

How Vasectomy Works

- Vasectomy makes men sterile by keeping sperm out of semen — the fluid that spurts from the penis during sex. Sperm are the reproductive cells in men.
- Sperm are made in the testes and pass through two tubes called the vasa deferentia to other glands and mix with seminal fluids to form semen.
- Vasectomy blocks each vas deferens and keeps sperm out of the seminal fluid.
- The blocked sperm are absorbed by the body.
- Vasectomy does not affect masculinity. It will not affect your ability to get hard.
- It also will not affect your sex organs, sexuality, and sexual pleasure.
- No glands or organs are removed or altered. Your hormones and sperm continue being produced.
- Your ejaculate will look just like it always did. And there will be about as much of it as before.
- Birth control is necessary for a period of time after vasectomy until no sperm remain in the semen. Your doctor will determine this.



Male reproductive system

How Vasectomy is Performed

- With the no-incision, **no-scalpel method** the skin of the scrotum is not cut. One tiny puncture is made to reach both tubes.
- The tubes are then tied off, cauterized, or blocked. The tiny puncture heals quickly.
- No stitches are needed, and no scarring takes place.
- The no-scalpel method reduces bleeding and decreases the possibility of infection, bruising, and other complications.

Will it hurt?

- You and your doctor will discuss which type of anesthetic to use.
- Commonly, it is done with local anesthetic to "numb" the area.
- There may be some discomfort after vasectomy. It will be different for each man. However, most men say the pain is "slight" or "moderate" as opposed to "excessive."
- An athletic supporter, ice bag, and pain reliever will ease the pain.
- Patients report less pain with no-scalpel procedures.
- Most men avoid strenuous physical exercise for about a week.
- A convenient regimen involves performing vasectomy at the end of the week, allowing the man to relax (i.e. watch television, legs up) during the week-end, and return to work on Monday.

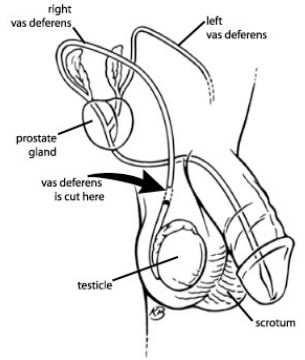
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